

KIPS GYMNASTICS

MONTHLY NEWSLETTER

GYMNASTICS PROGRAMS

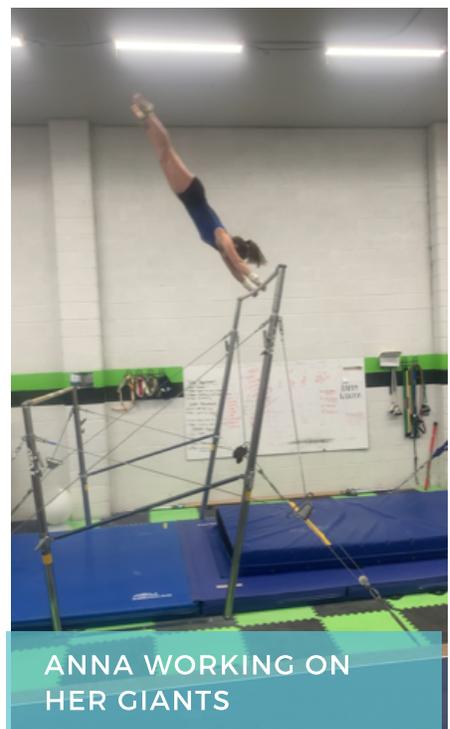
This last month we focused on fun ways to build our strength and balance! Tumblathon was a huge success - it was so fun to see the Rec participate!

ACTIVE EINSTEINS

The students really focused on their counting using dice, jumping, and crafts! They have also grown in their cutting skills, as well as, building friendships!

COMPETITIVE TEAM

Gymnastics is as much mental strength as physical. We have talked a lot about communication, to ask for help, that it is okay to be afraid, and sometimes we have bad days!





NOVEMBER HIGHLIGHTS

Washington State Governor has put up restrictions again. We really cannot say enough how much we appreciate everyone's support! We couldn't remain open without you!

Tumblathon was incredible and we are so close to being able to get a new Beam! (If anyone wants to buy our old Beam please reach out!)

November and December will be short months with the Holidays - but the gymnasts, students, and tumblers have been really improving and we are excited to send videos of how much their learning and improving!

MEET KINZIE!

Kinzie Moss began her gymnastics career when she was just 2 year old. She began competing at 5 years old and went all the way through high school with this sport! She also began coaching in high school as well! Her knowledge and experience of Team gymnastics is immense! Kinzie is getting ready to become a co owner of KIPS, while she also manages and owns her esthetician business, Kinzetics Beauty, and she also has her baby boy, Copelan! As busy as she is, she continues to spread happiness with her positive energy!



UPCOMING EVENTS

December-

EVERYONE: CLOSED 12/19 to 1/3

January-

EVERYONE: Those enrolled in December is able 2 hours of Open Gym (which are on Saturdays from 9am-11am) to make up for the small month. Please let the Coach know when you are using your free Open Gym hours so you aren't charged. CLOSED 1/18

ASK YOUR CHILD

Active Esintin - How do you sign "Family"?

Gymnast/Cheer - How long can you hold a plank?

LILY LARSEN -
TEAM GYMNAST OF THE MONTH



BROOKE OLSON -
PRESCHOOLER OF THE MONTH



CHECK THEM
OUT!

RYANN WALKER -
REC STARS GYMNAST OF THE MONTH



DUSTI STOMLEY -
CHEER/TUMBLER OF THE MONTH

